

United States

Trager® Practitioner Certification Program

January 2016

Part I - Core Curriculum

Level I – CLASSROOM HOURS

Level I	6 days	48 hours
2 Tutorial (Review)		4 hours
1 Tutorial (<u>Recommending</u>)		2 hours
TOTAL		54 hours

Level I – FIELDWORK

Give 30 sessions		45 hours
<u>Receive 10 sessions</u>		15 hours
TOTAL		60 hours

Level II – CLASSROOM HOURS

Level II	6 days	48 hours
2 Tutorial (Review)		4 hours
1 Tutorial (<u>Recommending</u>)		2 hours
TOTAL		54 hours

Level II – FIELDWORK

Give 30 sessions		45 hours
<u>Receive 10 sessions</u>		15 hours
TOTAL		60 hours

Level III – CLASSROOM HOURS

Level III	5 days	40 hours
1 Tutorial (Review)		2 hours
2 Tutorial (<u>Recommending</u>)		4 hours
TOTAL		46 hours

Level III – FIELDWORK

Give 30 sessions		45 hours
<u>Receive 10 sessions</u>		15 hours
TOTAL		60 hours

Level I-III

TOTAL Classroom Hours 154 hours
TOTAL Fieldwork Hours 180 hours

Part II - Additional Required Courses for Trager Practitioner Certification

These courses can be taken at any point during the Student Phase and must be completed prior to certification.

<i>Mentastics</i>	3 days	24 hours
<i>Trager Anatomy & Physiology</i>	6 days	48 hours

(A & P may be waived with sufficient commensurate training.)

TOTAL Classroom Hours 72 hours

Part III – Student Membership in the United States Trager Association

Must be renewed annually while in the program. Most students take 2-4 years to complete the program. \$140/year in 2016.

The cost of *Trager* trainings in the US is \$150 per 8-hour day. Contact the Class Organizer for details regarding the costs and discounts associated with each course.

Tutorials are one-on-one educational support sessions. The cost of Tutorials ranges from \$35-\$70 per hour. Contact your individual Tutor prior to the Tutorial regarding costs.

Fieldwork is documented and approved in a tutorial prior to moving to the next level of training.

Total Program costs, including Class Fees, Tutorial Fees, Fees for Professional Sessions received, and Membership Dues are generally between \$4,330 - \$7,000.

TOTAL Program
Classroom Hours 226 hours
Fieldwork Hours 180 hours
Total Hours 406 hours