

The United States *Trager* Association is registered in Ohio as a non-profit membership corporation which represents and supports, within the United States,

Trager□

psychophysical integration and

Mentastics

®

movement education, the innovative approach to movement education developed by Milton Trager,

M.D. and generally referred to as The *Trager* Approach.

The United States *Trager* Association is a member of *Trager* International, a worldwide international organization dedicated to the growth and support of the

Trager

Approach.

The United States *Trager* Association's mission includes: supporting and encouraging the expanding use and recognition of the *Trager* Approach and *Mentastic*

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movement education in the United States; maintaining supporting and enforcing professional standards of practice and instruction in the USA in accordance with the standards of

Trager

International; and developing, coordinating and regulating the teaching of The

Trager

Approach and

Mentastics

movement education in the USA.

Click for [Officers and Directors, Other Contacts](#) .

[USTA Strategic Plan 2011-2014 \(pdf\)](#)

[USTA By-Laws August 2013 \(pdf\)](#)

Ethics Policies/Procedures

Complaints can be sent in writing to the USTA Administrative office or emailed to admin@tragerus.org with the subject line "ETHICS". Members can also contact their local USTA Regional Board Representative to report a complaint.

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- [Code of Ethics and Conduct](#)

