

Trager Articles about TMJ

[TMJ, A New Way to Find Relief](#) * (.pdf)

Chronic Pain and Illness Articles

- [Chronic Spinal Pain and Dysfunction](#)
- [Fibromyalgia](#) (.pdf)
- [Trager Approach and Breast Cancer - Mary Openlander](#) * (.pdf)

Trager Headaches Articles

- [Headache Remedy](#) * (.pdf)
- [Trager Approach in Treatment of Chronic Headache - Pilot Study - Jack Liskin](#) * (.pdf)