

The *Trager Approach* continues to be talked about! Here is a list of publications that have mentioned *Trager*.

- **Magazines/Journals**
- *Pilates Style*® April 2013
- *Prevention Magazine* June 2005



- *Self Magazine* August 1993
- *Better Homes and Gardens Magazine* May 1996
- *Massage Therapy Journal* Summer 1991
- *Arthritis Today* May 1999
- *Massage and Bodywork Magazine* Summer 1994
- *The Touch Training Directory* June 2005
- *Veggie Life* January 1998
- *Positive Health* March 1998

- **Books**

[Learning to Breathe](#) by Priscilla Warner 2012