

### **Trager Practitioner Application Process:**

1. Following completion of all fieldwork requirements for all Core *Trager* trainings, attend at least 2 Recommending Tutorials from at least two different Tutors.

These Recommending Tutorials can be no more than 3 months apart.

Recommending Tutors will sign

[Student Transcript](#)

and provide Student with a copy of the Tutorial.

1. Write a 2-3 page (double spaced, typed) personal statement that communicates a sense of your learning process and self-development while in the *Trager* certification program. This can include, but is not limited to, your struggles, successes, questions, insights, etc.

On the last page please write your name, address, list of *Trager*

trainings and Instructors you have had, and all Tutors you have worked with during your training.

1. Within 30 days of successful completion of the second Recommending Tutorial, submit completed Student Transcript, Recommending Tutorials, signed Practitioner Agreement, Personal Statement, any additional documentation required by the National Association, pro-rated Practitioner dues (amount determined by National Association) to the National Association administrative office.

### **Trager Practitioner Agreement**

Ongoing active membership in the *Trager* organization is a requirement for continued practice as a *Trager* Practitioner. In addition, *Trager* Practitioners agree to receive at least four *Trager* sessions per year, attend at least one Renewal Tutorial every two years, fulfill appropriate Continuing Education requirements, and uphold the Code of Ethics and Standards of Practice of the *Trager* organization.

The Practitioner Agreement is signed every year at membership renewal.

### **Trager Practitioner Continuing Education Requirements**

1. Attend a *Trager* Level IV training within 2 years of becoming a *Trager* Practitioner
2. Attend 24 hours of training every 3 years. This training can be more advanced *Trager* trainings or training related to movement or somatic education, private practice, or public presentation and group leadership.

In addition to the *Trager*

organization trainings, other recognized providers of Continuing Education include official bodywork organizations such as Upledger Institute, Aston-Patterning, Body Mind Centering, Feldenkrais, Continuum Movement and Authentic Movement.

3. Attend at least one Renewal Tutorial every 2 years.
4. Receive 4 *Trager* sessions each year from certified *Trager* Practitioners.